

# Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing Degree Examination – SEP-2017

Time: 3 Hours

Max. Marks: 45 Marks

## Nutrition

**Q.P. Code : 1755**

Your answers should be specific to the questions asked. Draw neat labeled diagrams wherever necessary  
**(Note : Both QP Codes 1755 and 1756 are to be answered within total duration of 3 hours)**

### **LONG ESSAYS (Answer any One)**

**1 x 10 = 10 Marks**

1. What is therapeutic diet? Write briefly on modifications in therapeutic diet.
2. a) Explain the nutritional problems in India.  
b) Discuss the nutritional programmes in detail.

### **SHORT ESSAYS (Answer any Five)**

**5 x 5 = 25 Marks**

3. Protein energy malnutrition
4. Functions, sources and classification of lipids
5. Diet in Pregnancy
6. Weaning
7. Food hygiene
8. Principles and methods of cooking

### **SHORT ANSWERS**

**5 x 2 = 10 Marks**

9. BMR
10. Adulteration
11. CFTRI
12. Sources of Iron
13. Nutrition education

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